



Wellness Made Easy

TidalHealth's Community Wellness department will be providing a 2-part class to help guide you with health care and living a healthy life.

Wicomico Public Library
Sarbanes Branch
122 S. Division St.
Salisbury, MD 21801

*Available in English and Haitian-Creole

11 am to 12 pm

Wednesday, Feb. 5, 2025

&

11 am to 12 pm

Wednesday, Feb. 12, 2025

Please use the QR Code to register



To learn more, call TidalHealth
Community Wellness at 410-543-7558

